

# Bodywork & Massage

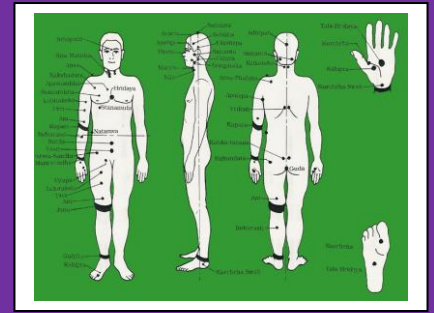
## Therapists:

### Frances Paderno

#### *Yogic Massage & energy Balancing*

Frances is a qualified Massage therapist & Yoga Bodywork Therapist. She has many years of experience in Energy Balancing and restoring physical harmony. Through massage-bodywork you can experience the free flow of inner energy that helps to maintain physical health.

Frances invites you to experience an energy balancing massage for yourself.



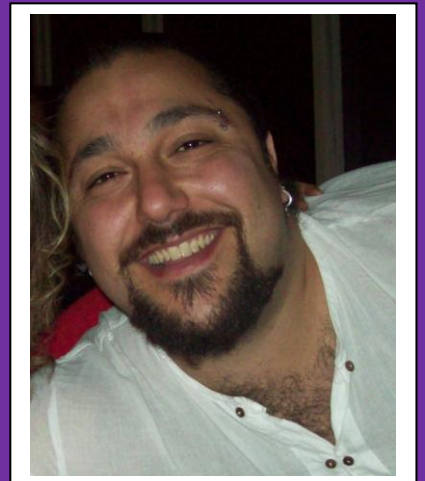
### Fabio Paderno *Deep Tissue, Remedial Bodywork & massage*

Fabio is a qualified **remedial & deep tissue massage therapist.**

His areas of specialisation include:  
Martial arts (Chi )Bodywork  
Sports Massage- Bodywork  
Emotional Energy Release  
General health & wellness Massage & Bodywork.

He has many years of experience in Energy Bodywork and restoring physical strength and stamina. Through massage-bodywork you can experience the release of stagnant emotional energy and experience the free flow of inner energy that helps to maintain physical health.

Fabio invites you to experience an invigorating bodywork- massage for yourself.



## 1 hr \$65

### Spring Detox Special with either Fab or Frances:

Second massage within the same week for yourself or partner **only \$50** for 1 hr.



**By Appointment Only.**

